



THANK YOU as always to all our volunteers, without whom we could not function. It has been a busy summer, and while stocks often ran low as they tend to at this time of year we have had some incredibly generous donations - special thanks to regular donors Regents Place business campus, Grand Central studios and Euston Station who once again organised a successful collection for their commuters and staff in September.

We are now the proud owners of this huge fridge freezer, pictured above! Enormous thanks go to Costain Skanska JV who generously donated this during the scorching hot summer! Here you can see it filled with a wonderful regular donation of fresh fruit from Jung Shim wellness centre. The fridge enables us to provide more fresh food to local families, increasing the nutritional value of our food parcels



HELP SUPPORT EUSTON FOODBANK WITH FOOD & FUNDS THIS HARVEST!

Foodbanks rely on donations of both food and money to help them provide support to people facing crisis within the local community. Without your goodwill, foodbanks would really struggle to operate and that's why your support is needed more than ever this Harvest.

COME AND SING CHRISTMAS CAROLS in aid of
EUSTON FOODBANK!

At St Pancras Church, NW1 2BA - On FRIDAY 14th DECEMBER at 7:30pm

Tickets £5, Family ticket (2 adults and up to 4 children) for £20

Doors open at 7pm, seats are not reserved. **FREE** words sheet - mince pies and wine afterwards on production of ticket.

Tickets from Euston Foodbank, St Pancras Church, or on the door.

CHRISTMAS: REVERSE ADVENT CALENDAR



Last Christmas saw many individuals and workplaces take part in the "Reverse Advent Calendar" campaign to collect donations for the Food Bank, and we would love to see more again this year!

Instead of taking something OUT of an Advent calendar (as many commercial ones now do) each day you put an item INTO a box to donate to people and families who will find this Christmas a real struggle.

Just set up a box with 25 compartments and when it's full drop it in to us!

**PLEASE COMPLETE DURING
NOVEMBER SO WE HAVE TIME
TO DISTRIBUTE BEFORE
CHRISTMAS!**

October sees the long-awaited Harvest Festival and we have already received huge donations from Wetherby Prep school, M J Mapp property services and St George the Martyr school and church - thank you so much for your generosity, and to everyone still gathering their harvest collections!

We are very grateful to both Hillingdon and Norwood Food Banks, who provided us with

emergency supplies during the lean summer - we were happy to be able to share these with Chalk Farm Food Bank also.

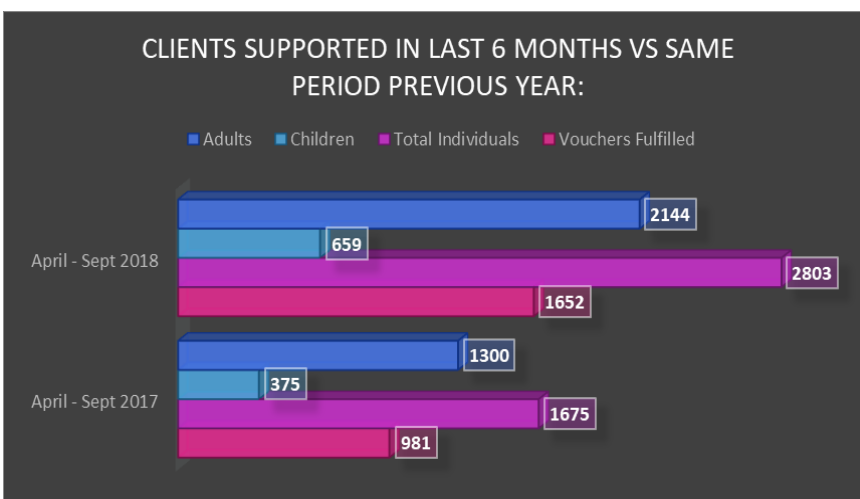
Christmas will soon be upon us, and in addition to the regular items always on our shopping list it would be wonderful to receive any donations of little Christmas luxuries, which we can pass on to those for whom the festive season will be particularly difficult.

Food Bank Statistics July - October 2018

In the last 6 months we have supported a total of 2803 individuals, 659 of whom were children. This is a massive increase of over 67% more individuals supported than in the same 6 month period last year.

During these 6 months we have distributed over 30 tonnes of food, while taking donations of less than 28 tonnes, so we are still dealing with a constant shortfall and regular donations are a lifeline.

Our AGM will be held on Wednesday 28th November, where there will be a briefing on Universal Credit which is due to be rolled out in Camden from 5th December. This will put all new benefit claimants on the new system, with its 5-week minimum period of no income until the first UC payment. We anticipate a large increase in referrals as more people become at risk of spiraling into debt during this time and beyond.



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